



**NORTH WEST/YORKS REGION
COACH EDUCATION DAY**



**Hyndburn Table Tennis Centre
Henry Street
Church
Lancs
BB5 4EP**

**On
Saturday 18th February 2012
11am – 3pm**

North West/Yorkshire Region
Coach Education Day

Dear Coach

I am pleased to invite you to the joint North West/Yorkshire Region Coach Education Day, at, Hyndburn Table Tennis Centre, Henry Street, Church, BB5 4EP, on Saturday 18th February 2012.

We will be covering various topics combining a mixture of theoretical and practical sessions. It will also give us the opportunity to share ideas and experiences we have all had, and help each other improve and develop as coaches.

The topics we will be looking at in this workshop are:

- **Physical Training for Table Tennis-** We will look at some sport specific warm up and fitness routines. Also Steve Rowe will present his new revolutionary 'Aerobic Table Tennis' which is proving a massive hit especially in attracting young females in to the sport.
- **Coaching Women and Girls-** This module covers the problems encountered in attracting females to the sport and also different styles of play to coach them.
- **Advanced technique-** Nick Jarvis (ETTA National Youth Coach) has recently met with the Regional coaches to give an update on new techniques being used on the International circuit which we will be sharing with you.

Coaches will receive a complimentary Continuous Professional Development Binder, file dividers, hand outs, and Certificate of attendance to act as your coaching portfolio.

As we are combining both theory and practical, I would like to ask all coaches to come in suitable clothing for table tennis, along with playing equipment.

PLEASE NOTE THAT THE COST OF THE COACH EDUCATION DAY IS NOW COVERED IN YOUR ETTA LICENCE. NON LICENCED COACHES WILL BE CHARGED A FEE OF £10 FOR THE COURSE.

If you would like to attend, please return the application form, along with your payment (cheques made payable to ETTA) to, Sally Shutt (ETTA Yorks Region Coach or email,sally.shutt@etta.co.uk. Closing date for applications is 13/2/12.



Coach Education Day
Application Form

Name: _____

Address: _____

Postcode: _____

Telephone Number: _____

Mobile Number: _____

Email Address: _____@_____

Current Coaching Qualification / Licence Number: _____

Please find enclosed my payment of £10 (Non Licensed Coaches only)
Cheques made payable to ETTA

Signed: _____ Date: _____

Closing Date – Monday 13th February

Please return to:

Sally Shutt
3, St Helier Grove,
Baildon
Shipley
West Yorks
BD17 6SX